

Daily Morning Prayer: Rite One

The Officiant begins the service with one or more of these sentences of Scripture.

Lent

If we say that we have no sin, we deceive ourselves, and the truth is not in us; but if we confess our sins, God is faithful and just to forgive us our sins, and to cleanse us from all unrighteousness. *1 John 1:8, 9*

Jesus said, "Whosoever will come after me, let him deny himself, and take up his cross, and follow me." *Mark 8:34*

The following Confession of Sin may then be said.

Confession of Sin

The Officiant says to the people

Let us humbly confess our sins unto Almighty God.

Silence may be kept.

Officiant and People together, all kneeling

**Almighty and most merciful Father,
we have erred and strayed from thy ways like lost sheep,
we have followed too much the devices and desires of our own hearts,
we have offended against thy holy laws,
we have left undone those things which we ought to have done,
and we have done those things which we ought not to have done.
But thou, O Lord, have mercy upon us,
spare thou those who confess their faults,
restore thou those who are penitent,
according to thy promises declared unto mankind
in Christ Jesus our Lord;
and grant, O most merciful Father, for his sake,
that we may hereafter live a godly, righteous, and sober life,
to the glory of thy holy Name. Amen.**

The Officiant says

The Almighty and merciful Lord grant us absolution and remission of all our sins, true repentance, amendment of life, and the grace and consolation of his Holy Spirit. Amen.

Invitatory and Psalter

All stand

Officiant ✠ O Lord, open thou our lips.

People **And our mouth shall show forth thy praise.**

Officiant and People

Glory be to the Father, and to the Son, and to the Holy Ghost: as it was in the beginning, is now, and ever shall be, world without end. Amen.

Then follows one of the Invitatory Psalms, Venite or Jubilate.

The following Antiphons may be sung or said with the Invitatory Psalm

In Lent

The Lord is full of compassion and mercy: **O come, let us adore him.**

Psalm 95: Venite, exultemus

Officiant and People together.

**O come, let us sing unto the Lord; *
let us heartily rejoice in the strength of our salvation.
Let us come before his presence with thanksgiving, *
and show ourselves glad in him with psalms.**

**For the Lord is a great God, *
and a great King above all gods.
In his hand are all the corners of the earth, *
and the strength of the hills is his also.
The sea is his and he made it, *
and his hands prepared the dry land.**

**O come, let us worship and fall down *
and kneel before the Lord our Maker.
For he is the Lord our God, *
and we are the people of his pasture
and the sheep of his hand.**

**Today if ye will hear his voice, harden not your hearts *
as in the provocation,
and as in the day of temptation in the wilderness;
When your fathers tempted me, *
proved me, and saw my works.**

**Forty years long was I grieved with this generation, and said, *
It is a people that do err in their hearts,
for they have not known my ways;
Unto whom I swear in my wrath, *
that they should not enter into my rest.**

**Glory be to the Father, and to the Son, and to the Holy Ghost: *
as it was in the beginning, is now, and ever shall be, world without end. Amen.**

In Lent

The Lord is full of compassion and mercy: **O come, let us adore him.**

Then follows

The Psalm or Psalms Appointed

Officiant and People together

Psalm 23: *Dominus regit me*

- 1 The Lord is my shepherd; *
I shall not be in want.**
- 2 He makes me lie down in green pastures *
and leads me beside still waters.**
- 3 He revives my soul *
and guides me along right pathways for his Name's sake.**
- 4 Though I walk through the valley of the shadow of death,
I shall fear no evil; *
for you are with me;
your rod and your staff, they comfort me.**
- 5 You spread a table before me in the presence of those who trouble me; *
you have anointed my head with oil,
and my cup is running over.**
- 6 Surely your goodness and mercy shall follow me all the days of my life, *
and I will dwell in the house of the Lord for ever.**

At the end of the Psalms is sung or said

**Glory be to the Father, and to the Son, and to the Holy Ghost: *
as it was in the beginning, is now, and ever shall be, world without end. Amen.**

The Lessons

The Lessons, as appointed, are read, the Reader first saying

A Reading from the Book of First Samuel (16:1-13)

A citation giving chapter and verse may be added.

The Lord said to Samuel, "How long will you grieve over Saul? I have rejected him from being king over Israel. Fill your horn with oil and set out; I will send you to Jesse the Bethlehemite, for I have provided for myself a king among his sons." Samuel said, "How can I go? If Saul hears of it, he will kill me." And the Lord said, "Take a heifer with you, and say, 'I have come to sacrifice to the Lord.' Invite Jesse to the sacrifice, and I will show you what you shall do; and you shall anoint for me the one whom I name to you." Samuel did what the Lord commanded, and came to Bethlehem. The elders of the city came to meet him trembling, and said, "Do you come peaceably?" He said, "Peaceably; I have come to sacrifice to the Lord; sanctify yourselves and come with me to the sacrifice." And he sanctified Jesse and his sons and invited them to the sacrifice. When they came, he looked on Eliab and thought, "Surely the Lord's anointed is now before the Lord." But the Lord said to Samuel, "Do not look on his appearance or on the height of his stature, because I have rejected him; for the Lord does not see as mortals see; they look on the outward appearance, but the Lord looks on the heart." Then Jesse called Abinadab, and made him pass before Samuel. He said, "Neither has the Lord chosen this one." Then Jesse made Shammah pass by. And he said, "Neither has the Lord chosen this one." Jesse made seven of his sons pass before Samuel, and Samuel said to Jesse, "The Lord has not chosen any of these." Samuel said to Jesse, "Are all your sons here?" And he said, "There remains yet the youngest, but he is keeping the sheep." And Samuel said to Jesse, "Send and bring him; for we will not sit down until he comes here." He sent and brought him in. Now he was ruddy, and had beautiful eyes, and was handsome. The Lord said, "Rise and anoint him; for this is

the one.” Then Samuel took the horn of oil, and anointed him in the presence of his brothers; and the spirit of the Lord came mightily upon David from that day forward. Samuel then set out and went to Ramah.

After the Lesson the Reader may say

The Word of the Lord.

People **Thanks be to God.**

Silence may be kept after each Reading.

Kyrie Pantakrator *Prayer of Manassehm 1-2, 4, 6-7, 11-15*

Especially suitable in Lent, and on other penitential occasions.

O Lord, Almighty God of our fathers, *
Abraham, Isaac, and Jacob, and of their righteous seed;
Who hast made heaven and earth, *
with all the ornament thereof;
Whom all men fear; *
and tremble before thy power.
But thy merciful promise *
is unmeasurable and unsearchable;
For thou art the most high Lord, of great compassion,
long-suffering, very merciful, *
and repentest of the evils of men.
Thou, O Lord, according to thy great goodness
hast promised repentance and forgiveness *
to them that have sinned against thee.
And of thine infinite mercies
hast appointed repentance unto sinners, *
that they may be saved.
Now therefore, I bow the knee of my heart, *
beseeching thee of grace.
I have sinned, O Lord, I have sinned, *
and I acknowledge mine iniquities:
Wherefore I humbly beseech thee, forgive me,
O Lord, forgive me *
and destroy me not with mine iniquities.

Be not angry with me forever, by reserving evil for me;*
neither condemn me into the lower parts of the earth.
For thou art the God, even the God of them that repent;*
and in me thou wilt show all thy goodness:
For thou wilt save me, that am unworthy,*
according to thy great mercy.
Therefore I will praise thee for ever all the day of my life:*
for all the power of the heavens do praise thee,
And thine is the glory*
for ever and ever. Amen.

Glory be to the Father, and to the Son, and to the Holy Ghost: as it was in the beginning, is now, and ever shall be, world without end. Amen.

A Reading from the Letter of Paul to the Ephesians (5:8-14)

A citation giving chapter and verse may be added.

Once you were darkness, but now in the Lord you are light. Live as children of light— for the fruit of the light is found in all that is good and right and true. Try to find out what is pleasing to the Lord. Take no part in the unfruitful works of darkness, but instead expose them. For it is shameful even to mention what such people do secretly; but everything exposed by the light becomes visible, for everything that becomes visible is light. Therefore it says, “Sleeper, awake! Rise from the dead, and Christ will shine on you.”

After the Lesson the Reader may say

The Word of the Lord.

People **Thanks be to God.**

Benedictus Dominus Deus *The Song of Zechariah, Luke 1:68-79*

☒ Blessed be the Lord God of Israel, *
for he hath visited and redeemed his people;
And hath raised up a mighty salvation for us *
in the house of his servant David,
As he spake by the mouth of his holy prophets, *
which have been since the world began:
That we should be saved from our enemies, *
and from the hand of all that hate us;

**To perform the mercy promised to our forefathers, *
and to remember his holy covenant;
To perform the oath which he swore to our forefather Abraham, *
that he would give us,
That we being delivered out of the hand of our enemies *
might serve him without fear,
In holiness and righteousness before him, *
all the days of our life.
And thou, child, shalt be called the prophet of the Highest, *
for thou shalt go before the face of the Lord
to prepare his ways;
To give knowledge of salvation unto his people *
for the remission of their sins,
Through the tender mercy of our God, *
whereby the dayspring from on high hath visited us;
To give light to them that sit in darkness
and in the shadow of death, *
and to guide our feet into the way of peace.**

**Glory be to the Father, and to the Son, and to the Holy Ghost: *
as it was in the beginning, is now, and ever shall be, world without end. Amen.**

A Reading from the Gospel according to John (9:1-41)

A citation giving chapter and verse may be added.

As Jesus walked along, he saw a man blind from birth. His disciples asked him, "Rabbi, who sinned, this man or his parents, that he was born blind?" Jesus answered, "Neither this man nor his parents sinned; he was born blind so that God's works might be revealed in him. We must work the works of him who sent me while it is day; night is coming when no one can work. As long as I am in the world, I am the light of the world." When he had said this, he spat on the ground and made mud with the saliva and spread the mud on the man's eyes, saying to him, "Go, wash in the pool of Siloam" (which means Sent). Then he went and washed and came back able to see. The neighbors and those who had seen him before as a beggar began to ask, "Is this not the man who used to sit and beg?" Some were saying, "It is he." Others were saying, "No, but it is someone like him." He kept saying, "I am the man." But they kept asking him, "Then how were your eyes opened?" He answered, "The man called Jesus made mud, spread it on my eyes, and said to me, 'Go to Siloam and wash.' Then I went and washed and received my sight." They said to him, "Where is he?" He said, "I do not know." They brought to the Pharisees the man who had formerly been blind. Now it was a

sabbath day when Jesus made the mud and opened his eyes. Then the Pharisees also began to ask him how he had received his sight. He said to them, "He put mud on my eyes. Then I washed, and now I see." Some of the Pharisees said, "This man is not from God, for he does not observe the sabbath." But others said, "How can a man who is a sinner perform such signs?" And they were divided. So they said again to the blind man, "What do you say about him? It was your eyes he opened." He said, "He is a prophet." The Jews did not believe that he had been blind and had received his sight until they called the parents of the man who had received his sight and asked them, "Is this your son, who you say was born blind? How then does he now see?" His parents answered, "We know that this is our son, and that he was born blind; but we do not know how it is that now he sees, nor do we know who opened his eyes. Ask him; he is of age. He will speak for himself." His parents said this because they were afraid of the Jews; for the Jews had already agreed that anyone who confessed Jesus to be the Messiah would be put out of the synagogue. Therefore his parents said, "He is of age; ask him." So for the second time they called the man who had been blind, and they said to him, "Give glory to God! We know that this man is a sinner." He answered, "I do not know whether he is a sinner. One thing I do know, that though I was blind, now I see." They said to him, "What did he do to you? How did he open your eyes?" He answered them, "I have told you already, and you would not listen. Why do you want to hear it again? Do you also want to become his disciples?" Then they reviled him, saying, "You are his disciple, but we are disciples of Moses. We know that God has spoken to Moses, but as for this man, we do not know where he comes from." The man answered, "Here is an astonishing thing! You do not know where he comes from, and yet he opened my eyes. We know that God does not listen to sinners, but he does listen to one who worships him and obeys his will. Never since the world began has it been heard that anyone opened the eyes of a person born blind. If this man were not from God, he could do nothing." They answered him, "You were born entirely in sins, and are you trying to teach us?" And they drove him out. Jesus heard that they had driven him out, and when he found him, he said, "Do you believe in the Son of Man?" He answered, "And who is he, sir? Tell me, so that I may believe in him." Jesus said to him, "You have seen him, and the one speaking with you is he." He said, "Lord, I believe." And he worshiped him. Jesus said, "I came into this world for judgment so that those who do not see may see, and those who do see may become blind." Some of the Pharisees near him heard this and said to him, "Surely we are not blind, are we?" Jesus said to them, "If you were blind, you would not have sin. But now that you say, 'We see,' your sin remains."

After the Lesson the Reader may say

The Word of the Lord.

People

Thanks be to God.

The Sermon Fr William Ogburn [Click here to watch](#)

The Apostles' Creed

Officiant and People together, all standing

**I believe in God, the Father almighty,
maker of heaven and earth;
And in Jesus Christ his only Son our Lord;
who was conceived by the Holy Ghost,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, dead, and buried.
He descended into hell.
The third day he rose again from the dead.
He ascended into heaven,
and sitteth on the right hand of God the Father almighty.
From thence he shall come to judge the quick and the dead.
I believe in the Holy Ghost,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting. Amen.**

The Prayers

The people stand or kneel

Officiant The Lord be with you.

People **And with thy spirit.**

Officiant Let us pray.

V. O Lord, show thy mercy upon us;

R. And grant us thy salvation.

V. Endue thy ministers with righteousness;

R. And make thy chosen people joyful.

V. Give peace, O Lord, in all the world;

R. For only in thee can we live in safety.

V. Lord, keep this nation under thy care;

R. And guide us in the way of justice and truth.

V. Let thy way be known upon earth;

R. Thy saving health among all nations.

V. Let not the needy, O Lord, be forgotten;
R. Nor the hope of the poor be taken away.

V. Create in us clean hearts, O God;
R. And sustain us with thy Holy Spirit.

The Officiant then says one or more of the following Collects

The Collect of the Day

Gracious Father, whose blessed Son Jesus Christ came down from heaven to be the true bread which giveth life to the world: Evermore give us this bread, that he may live in us, and we in him; who liveth and reigneth with thee and the Holy Spirit, one God, now and for ever. *Amen.*

A Collect for Sundays

O God, who makest us glad with the weekly remembrance of the glorious resurrection of thy Son our Lord: Grant us this day such blessing through our worship of thee, that the days to come may be spent in thy favor; through the same Jesus Christ our Lord. Amen.

A Collect for the Renewal of Life

O God, the King eternal, who dividest the day from the night and turnest the shadow of death into the morning: Drive far from us all wrong desires, incline our hearts to keep thy law, and guide our feet into the way of peace; that, having done thy will with cheerfulness while it was day, we may, when the night cometh, rejoice to give thee thanks; through Jesus Christ our Lord. Amen.

A Collect for Peace

O God, who art the author of peace and lover of concord, in knowledge of whom standeth our eternal life, whose service is perfect freedom: Defend us, thy humble servants, in all assaults of our enemies; that we, surely trusting in thy defense, may not fear the power of any adversaries; through the might of Jesus Christ our Lord. Amen.

Here may be sung a hymn or anthem.

Authorized intercessions and thanksgivings may follow.

The Great Litany and Supplication

O God the Father, Creator of heaven and earth,
Have mercy upon us.

O God the Son, Redeemer of the world,
Have mercy upon us.

O God the Holy Spirit, Sanctifier of the faithful,
Have mercy upon us.

O holy, blessed, and glorious Trinity, one God,
Have mercy upon us.

Saint Mary, Mother of God our Savior Jesus Christ,
Pray for us.

All holy Angels and Archangels, and all holy orders of blessed Spirits,
Pray for us.

All holy Patriarchs and Prophets; Apostles, Martyrs, Confessors, and Virgins; and all the blessed
Company of heaven,
Pray for us.

Remember not, Lord Christ, our offenses, nor the offenses of our forefathers; neither reward us
according to our sins. Spare us, good Lord, spare thy people, whom thou hast redeemed with thy
most precious blood, and by thy mercy preserve us, for ever.
Spare us, good Lord.

From all evil and wickedness; from sin; from the crafts and assaults of the devil; and from
everlasting damnation,
Good Lord, deliver us.

From all blindness of heart; from pride, vainglory, and hypocrisy; from envy, hatred, and malice;
and from all want of charity,
Good Lord, deliver us.

From all inordinate and sinful affections; and from all the deceits of the world, the flesh, and the devil,

Good Lord, deliver us.

From all false doctrine, heresy, and schism; from hardness of heart, and contempt of thy Word and commandment,

Good Lord, deliver us.

From lightning and tempest; from earthquake, fire, and flood; from plague, pestilence, and famine,

Good Lord, deliver us.

From all oppression, conspiracy, and rebellion; from violence, battle, and murder; and from dying suddenly and unprepared,

Good Lord, deliver us.

By the mystery of thy holy Incarnation; by thy holy Nativity and submission to the Law; by thy Baptism, Fasting, and Temptation,

Good Lord, deliver us.

By thine Agony and Bloody Sweat; by thy Cross and Passion; by thy precious Death and Burial; by thy glorious Resurrection and Ascension; and by the Coming of the Holy Ghost,

Good Lord, deliver us.

In all time of our tribulation; in all time of our prosperity; in the hour of death, and in the day of judgment,

Good Lord, deliver us.

We sinners do beseech thee to hear us, O Lord God; and that it may please thee to rule and govern thy holy Church Universal in the right way,

We beseech thee to hear us, good Lord.

That it may please thee to illumine all bishops, priests, and deacons, with true knowledge and understanding of thy Word; and that both by their preaching and living, they may set it forth, and show it accordingly,

We beseech thee to hear us, good Lord.

That it may please thee to bless and keep all thy people,

We beseech thee to hear us, good Lord.

That it may please thee to send forth laborers into thy harvest, and to draw all mankind into thy kingdom,

We beseech thee to hear us, good Lord.

That it may please thee to give to all people increase of grace to hear and receive thy Word, and to bring forth the fruits of the Spirit,

We beseech thee to hear us, good Lord.

That it may please thee to bring into the way of truth all such as have erred, and are deceived,

We beseech thee to hear us, good Lord.

That it may please thee to give us a heart to love and fear thee, and diligently to live after thy commandments,

We beseech thee to hear us, good Lord.

That it may please thee so to rule the hearts of thy servants, the President of the United States, and all others in authority, that they may above all things seek thy honor and glory, that they may do justice, and love mercy, and walk in the ways of truth,

We beseech thee to hear us, good Lord.

That it may please thee to make wars to cease in all the world; to give to all nations unity, peace, and concord; and to bestow freedom upon all peoples,

We beseech thee to hear us, good Lord.

That it may please thee to show thy pity upon all prisoners and captives, the homeless and the hungry, and all who are desolate and oppressed,

We beseech thee to hear us, good Lord.

That it may please thee to give and preserve to our use the bountiful fruits of the earth, so that in due time all may enjoy them,

We beseech thee to hear us, good Lord.

That it may please thee to inspire us, in our several callings, to do the work which thou givest us to do with singleness of heart as thy servants, and for the common good,

We beseech thee to hear us, good Lord.

That it may please thee to preserve all who are in danger by reason of their labor or their travel,

We beseech thee to hear us, good Lord.

That it may please thee to preserve, and provide for, all women in childbirth, young children and orphans, the widowed, and all whose homes are broken or torn by strife,

We beseech thee to hear us, good Lord.

That it may please thee to visit the lonely; to strengthen all who suffer in mind, body, and spirit; and to comfort with thy presence those who are failing and infirm,

We beseech thee to hear us, good Lord.

That it may please thee to support, help, and comfort all who are in danger, necessity, and tribulation,

We beseech thee to hear us, good Lord.

That it may please thee to have mercy upon all mankind,

We beseech thee to hear us, good Lord.

That it may please thee to give us true repentance; to forgive us all our sins, negligences, and ignorances; and to endue us with the grace of thy Holy Spirit to amend our lives according to thy holy Word,

We beseech thee to hear us, good Lord.

That it may please thee to forgive our enemies, persecutors, and slanderers, and to turn their hearts,

We beseech thee to hear us, good Lord.

That it may please thee to strengthen such as do stand; to comfort and help the weak-hearted; to raise up those who fall; and finally to beat down Satan under our feet,

We beseech thee to hear us, good Lord.

That it may please thee to grant to all the faithful departed eternal life and peace,

We beseech thee to hear us, good Lord.

That it may please thee to grant that, in the fellowship of The Blessed Virgin Mary, the holy Mother of God; Blessed Joseph, her most chaste spouse; Blessed Paul, our Patron; Blessed Andrew, Blessed Peter, Blessed Francis, Blessed Anthony, and all the saints, we may attain to thy heavenly kingdom,

We beseech thee to hear us, good Lord.

Son of God, we beseech thee to hear us.

Son of God, we beseech thee to hear us.

O Lamb of God, that takest away the sins of the world,

Have mercy upon us.

O Lamb of God, that takest away the sins of the world,
Have mercy upon us.

O Lamb of God, that takest away the sins of the world,
Grant us thy peace.

O Christ, hear us.
O Christ, hear us.

Lord, have mercy upon us.
Lord, have mercy upon us.

Christ, have mercy upon us.
Christ, have mercy upon us.

Lord, have mercy upon us.
Lord, have mercy upon us.

The Officiant and People say together

**Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom, and the power, and the glory,
for ever and ever. Amen.**

The Supplication

For use especially in times of war, or of national anxiety, or of disaster.

O Lord, arise, help us;
And deliver us for thy Name's sake.

O God, we have heard with our ears, and our fathers have declared unto us, the noble works that thou didst in their days, and in the old time before them.
O Lord, arise, help us; and deliver us for thy Name's sake.

Glory be to the Father, and to the Son, and to the Holy Ghost; as it was in the beginning, is now, and ever shall be, world without end. Amen.
O Lord, arise, help us; and deliver us for thy Name's sake.

V. From our enemies defend us, O Christ;
R. Graciously behold our afflictions.

V. With pity behold the sorrows of our hearts;
R. Mercifully forgive the sins of thy people.

V. Favorably with mercy hear our prayers;
R. O Son of David, have mercy upon us.

V. Both now and ever vouchsafe to hear us, O Christ;
R. Graciously hear us, O Christ; graciously hear us, O Lord Christ.

The Officiant concludes

Let us pray.

We humbly beseech thee, O Father, mercifully to look upon our infirmities; and, for the glory of thy Name, turn from us all those evils that we most justly have deserved; and grant that in all our troubles we may put our whole trust and confidence in thy mercy, and evermore serve thee in holiness and pureness of living, to thy honor and glory; through our only Mediator and Advocate, Jesus Christ our Lord. *Amen.*

The Officiant may then conclude with the following

✠ The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Ghost, be with us all evermore. **Amen.** *2 Corinthians 13:14*

✠ May the souls of all the faithful departed, through the mercy of God, rest in peace and rise in glory. **Amen.**